



Speak Up, Epping! Newsletter

Volume 6, Issue 5

Epping, New Hampshire

September-October, 2013

About this Newsletter

This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at www.SpeakUpEpping.org.

Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: www.speakupepping.org. Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late breaking news, past Newsletters, town links and calendars.

Check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline. You can connect with us and with other local friends, services, businesses and organizations.

Update on the Flight Line Express

A message from Jamie Dowd, President of Flight Line, Inc.

The new "East West Express" is just waiting for delivery of the new vehicles to begin service. The vehicles were supposed to be delivered in June, then were delayed to July, then August. The latest update is that they will be here in September. The good news is that the first two vehicles are supposedly **in the production line** and being built as we speak!

We will start the service as soon as the vehicles arrive. My best guess at this point is that we will start mid September but it may be as late as October 1st.

It has been very frustrating considering the fact that the service was scheduled to start July 1st. The information from Mercedes-Benz, who is building the Sprinter vehicles, has been inaccurate and unreliable to say the least, but I am pushing them every week at this point to try to speed up the delivery of the vehicles. Hopefully they can get their act together this time and actually deliver on what they have promised (for the 4th time)!

I apologize to the Epping, NH residents for the delay in service. Please feel free to contact us at 1-800-245-2525 or e-mail questions and comments to info@flightlineinc.com.

Jamie Dowd
President



Highnote Festival

The 13th annual Highnote Festival, a non-profit benefit for the Adam McPhee Memorial Foundation, will be held on **Saturday, September 14th** from 2:00 pm until dark at 173 Prescott Road in Epping. Music and events will be held, rain or shine. Enjoy Northstar Fireworks, helicopter rides by Harvard Helicopter and tethered hot air balloon rides by Re/Max, weather permitting. The cost is \$15.00 for adults. Kids and high school students admitted free. Tickets will be available at the gate. The Festival grounds are handicap-accessible.

Activities include arts and crafts for all ages, hay rides, a rock climbing wall, snowmobile water cross, dunk tank, local artisan exhibit booths, a horseshoe tournament and a professional log rolling demo.

Entertainment will be provided by Blue Matter, The Road Cases, Wayne from MAINE and the Shoestring Theater Giant Puppetry for kids of all ages. Food will be available from Zampa Bistro and Billy Goat Grubb

The 5K Race starts at 12:30 pm. The first 100 to register receive a free T-shirt and free admission.

For more information, please contact us at www.highnotefest.com.

Senior Moments

Now that the grandchildren are back in school, our days become our own again. Our monthly movie club has become a welcomed two-hour retreat from the outside world...

This year's Christmas project will be to fill as big a box as we can with food items for the Epping Food Pantry. Food will be gathered for the next few months and dropped off at the Fire Department. We encourage others to drop off food.

I guess the year of 2013 can be considered the "Club On The Rails" summer. First we ventured back to the Trolley Museum in Maine. There have been several changes over the last 20 years. Next, we boarded the Downeaster to Old Orchard Beach, ME. Of course that included great seafood, shopping and scenery. Our last train adventure was to be an exclusive ride on the private Allen Train, right here in Epping. However, that ride was postponed until October. Of course lunch always follows.

Some upcoming trips this fall include Rockport, MA for a day of museums and shopping, then a visit to the Isabella Stewart Gardner Museum in Boston. This is another "must see" for everyone - so amazing it's hard to describe. We'll be making a Christmas shopping trip to the Candy factory in Laconia before long. We always welcome suggestions from others about places to visit and tour, especially factories in the area.

Ms. Arley Moore of TIGER LILLIES FLORAL SHOP, located on Route 125 in Epping, was our guest speaker at our August meeting. She explained how she got started as well as the many other resources in her shop besides flowers. What really caught our attention is that flowers can be shipped through her shop much less expansively and with better service than if we use the yellow pages. She also brought some fresh floral arrangements which were raffled off to happy winning members. Our interest peaked when she mentioned that floral arrangement classes are held weekly at a very reasonable cost. We plan to take these classes to make fall and holiday arrangements. Others should check out her shop and join us on creative night. Call her at 734-4565.

Club members will participate at the Day of Caring on **September 11th**, sponsored by the Rockingham Nutritional Program. The event is in Plaistow each year and several organizations gather to assist in their fundraising project.

The Senior Healthy Living Expo will be held on

October 8th in Portsmouth. Members will be attending for a day filled with educational resources, vendors and free health screenings.

Gotta share this...It really happened. Mom, age 82, experienced her first airplane ride. Once high in the air, she felt a cool breeze (from the air vent above) and called over the flight attendant and said: "I think someone left a window open." Top that one if you can.

Submitted by Irene R. Cote, Secretary

Watson Academy Continues to Educate!

It has been quite an education for the Watson Academy Repair Committee since March, when voters appropriated zero funds to reopen our earthquake-damaged school. We've learned about community awareness and appreciation for old buildings, geology, technology, publicity, and bureaucracy. Most lessons have centered on patience and persistence.

Our committee consists of nearly 30 individuals, each uniquely qualified, all unified around the urgent need to reopen the Watson Academy building for public use. We readily agreed that it is important to speak up and encouraged our Board of Selectmen. "Watson Academy" has appeared on Selectmen agendas throughout the summer. We provided the Board with information previously lacking and suggested strategies for moving forward.

It seemed that the major holdup was our insurance company's slow acceptance of the fact that the 1883 structure remained amazingly sound during a seismic event last October. While numerous site visits have viewed damage in the basement and linked it to violent shaking of support columns, well ... it has taken a while for the insurance adjusters to come around.

Fortunately (and finally) now, as of this printing, we are seeing serious consideration of our claim. Contractors have submitted quotes and proposals on how to make the Epping icon safe to reopen as a community center. We have learned a lot. Through the process, estimated repair costs have dropped dramatically from the original price tag of \$200,000 to \$300,000 down to something perhaps less than \$50,000. Give it another week to see how the bids come out. Surely, by our next issue, ducks will have lined up for a happy romp to resolution of our Watson Academy earthquake crisis. Until then ...

Carol Clapp for Dear Watson
Co-chair Repair Committee



Epping Lions Club

"We Serve"

We Want YOU to Join the Epping Lions Club

www.epping.nhlions.org

We are looking for innovative people who desire to become involved in improving our community and having fun doing it. The Epping Lions Club was established in April, 2009. We support sight programs and services including vision screenings, eyeglass recycling, and provide assistance to local families in need of eyeglasses. We support community programs as well as participate and sponsor some exciting events, such as the Lamprey River Canoe Race and the Highnote Festival. With your involvement and ideas we look forward to creating even more special fundraising events. We understand people have busy lives and the Lions Club allows you to volunteer as little or as much as you like.

Our next event will be the Highnote celebration on **September 14th**. This year, we will again feature our popular dunk tank, with several local celebrities! Come and try your hand at dunking your selectman, school principal and more. Check our website for the schedule.

If you're interested in learning more please visit our website: epping.nhlions.org. Meeting times are posted, which are generally the 4th Tuesday of the month at 6:30 pm. We currently meet at the Epping Edward Jones office on Route 125 (285 Calef Highway). We'd love to see you!

Jason Sullivan, President & Secretary

Jason.B.Sullivan@edwardjones.com.....679-2491

Debbie Moulton, Treasurer

dmoulton@stepupbooks.com.....679-2022

Deb Brooks, Eyeglass Collector

lexusreina@comcast.net.....679-5407

Submitted by Debbie Moulton

Epping Students in the News

Daniel Begin of Epping, N.H., was named to the dean's list at Paul Smith's College for the spring 2013 semester. Begin, who majors in surveying technology, earned a semester average of 3.3 or higher to receive this distinction. Begin was also named an Adirondack Scholar, having achieved a cumulative average of at least 3.8.

Daniel Begin of Epping, N.H., graduated from Paul Smith's College in May 2013. Begin earned an associate of applied science degree in surveying

technology from Paul Smith's, which is located in the Adirondack Park of New York State.

Alexis Burke of Epping, N.H., was among a record number of graduates - 3,169 - presented with diplomas at UMass Lowell's 2013 Commencement exercises on Saturday, May 18 at the Tsongas Center at UMass Lowell.

Justin York of Epping, NH, was awarded a Master of Education degree in Counselor Education from Plymouth State University at their 142nd Commencement ceremony on May 18, 2013

Devon Bernard of Epping was named to the Dean's list at Rensselaer Polytechnic Institute for the Spring 2013 semester. Bernard studies Computer & Systems Engineering.

Katlyn Cash of Epping, N.H., majoring in elementary education, was named to the dean's list for spring 2013 at Thomas College in Waterville, Maine

Hannah Kimball of Epping, N.H., majoring in physical education, was named to the Plymouth State University President's List for the spring 2013 semester.

George Murray of Epping, N.H., was recently recognized for achieving academic distinction at the University of Massachusetts Lowell. Murray, majoring in information technology, was named to the dean's list at UMass Lowell for the Spring 2013 semester.



TALES FROM EPPING'S PAST

Our Old Brick Town

Thousands of years ago, this area was covered by glaciers. As they melted or moved on, they left behind rich deposits of clay soil. This made for some great farming and bricks of such superior quality that the demand for them became a big business in Epping.

People were making their own bricks and pottery here for home use, long before our first brickyard opened in town. In his "History of Epping," lifetime historian Donald Sanborn writes that Mr. Levi Thompson had a brickyard up and running on Main Street as early as 1822. Fifty

years later, the man was still hauling his bricks on to horse drawn wagons. His home and blacksmith shop were where Mike and Michelle King are now.

More Epping brickyards opened up after the railroad rolled into town, making shipping easier and faster. At one point we had thirteen Epping brickyards operating at the same time and making millions of bricks, some of which were sent out as far as New York City. Men from Canada and points south came to fill brickyard jobs in Epping and they often rented rooms or "cottages" close to where they worked. Some of them decided to settle here for good and brought their different languages, music, Catholic faith and their varied customs along with them.

As of this writing, our last standing Epping brickyard, W.S. Goodrich, a family owned business since 1887, is up for sale. Once the largest manufacturer of water-struck brick in the United States, it made as many as 6,000,000 Epping bricks a year at the height of production. The sale of this property indeed marks "the end of an era."

You can still find traces of our brick making history. Discarded bricks still mark where a brickyard once stood and as the clay pits filled with water they became peaceful havens for wildlife and enjoyment today. The Pond part of Pine and Pond Park is one of them.

The use of brick has long been encouraged and used in Epping as shown by our Safety Complex and many other buildings in town. To their credit, the builders of Brickyard Square not only agreed to that name but continue using brick in construction of the site. These gestures not only honor the Proulx family and the large brickyard they established there almost 130 years ago, but all our hardworking Epping brick makers and their families, past and to this day.

This is nineteenth in a series.

Text/research: Madelyn Williamson. Further details on this subject may be found in the Epping Historical Society.

Epping Historical Society

The Society has planned two events this fall that you will not want to miss!

Roberta Gibson Prevear will speak to the Society on **Thursday, September 19th** at 7:00 pm. She will discuss the book she co-edited with Ann Fox Chandonnet, entitled "*Write Quick: War and a Woman's Life in Letters, 1835-1867*", about one woman's life around the time of the Civil War. The book focuses on "...the selected correspondence of

three New England figures during the American Civil War (Andrew Jackson Bean [1828-1919] of Maine, his sister Eliza Howard Bean Foster [1835-1867], her husband Henry Charles Foster [1834-1864] of Vermont and Massachusetts)." She interprets these writings "...in the context of their time and culture" and includes excerpts from Eliza Foster's wartime diary. Refreshments and conversation follow the program, as is our custom.

Last year's highly successful Barn Dance at the Town Hall returns this year on **Saturday, October 12th** with music by Two Fiddles and Epping guests. Dudley Laufman will call the dances and the Historical Society will provide refreshments. Proceeds from this fundraising event will support making the Society's resources more accessible to the public.

Thank you for your continued support of the Epping Historical Society. Visit us on Monday mornings between 9:00 and 12:00, or call 679-2944 for an off-hours appointment. Check us out in cyber space at eppinghistory.org and on Facebook.

Submitted by Michael Vose, Library Trustee

An Interesting Historical Society Visit

On August 26th, the Historical Society welcomed Geoffrey and Helen Smith, two visitors from Epping, England, newly-weds on a three-week honeymoon. They found our abutting towns of Brentwood, Exeter and Nottingham interesting, as their Epping in England similarly has abutting towns of Brentwood, Exeter and Nottingham. Perhaps people from those towns in England settled here in New Hampshire.

Epping Farmers Market Has Moved

The Epping Farmers Market has moved and is now being held on the grounds of the **American Legion Post on Route 125 in Epping**. The Market is open every Friday from 3:00 to 6:00 pm until September 20th. Several vendors will offer vegetables, jams and jellies, honey, maple syrup, bakery goods, wine, various meat products and massage. For information, call Chris at 679-3348.

Lamprey River Advisory Committee

Who's Hoo along the Lamprey River

The Lamprey River has four species of owls that are regularly seen: barred, eastern screech, great horned, and northern saw-whet. Other owls, such as the snowy owl or the great gray owl, are occasional visitors. Worldwide, owls comprise 209 species.



barred owl
length: 16-25 inches
http://www.nps.gov/liri/planyourvisit/images/barred-owl_1.jpg

absorbing the soft parts then regurgitating fur, feathers, and bones as a “pellet.” They have the ability to turn their heads far beyond their shoulder.



great horned owl
length: 18-25 inches
http://www.nps.gov/liri/planyourvisit/images/great-horned-owl_1.jpg



eastern screech owl
length: 7-9 inches
http://www.nps.gov/liri/planyourvisit/images/eastern-screech-owl_1.jpg

Who are these common but sometimes unfamiliar birds? Many people know that owls are predators that hunt mostly in the low light between dusk and dawn, taking rodents, amphibians, birds, and sometimes insects. They have excellent, binocular vision and lop-sided ears that help them pinpoint the exact location of prey. They fly silently with soft-edged feathers that absorb sound. They often swallow their food whole, digesting and



northern saw-whet owl
length: 6-9 inches
http://www.nps.gov/liri/planyourvisit/images/northern-saw-whet-owl_1.jpg

And from the “truth is stranger than fiction” department, here are some tidbits that are less well-known:

Owl eyes are not round and they do not move in the eye socket; they are fixed in place. Owl eyes are pear-shaped, with the narrow end facing out. The wider end forms the retina in the back of the

eye, giving the owl an enhanced ability to see in dim light.

Despite their big eyes, owls are not strictly nocturnal. They can see in the daytime. Unlike human pupils, owl pupils do not shrink in response to bright light. To block out the extra light, owls lower their eyelids half-way or more. This can make them look sleepy even though they are wide awake.

Owls have 14 vertebrae in their skinny necks. The neck only appears thick because of the fluffy feathers. The neck allows the owl to move its head in almost any direction to see better, whether to see 270° side-to-side or to get a better view of something straight ahead.

Tufts on the heads of owls are not ears or horns. All owls have simple, flat ears that are hidden beneath the feathers located behind the eyes.

Because their faces are flat, owls in flight often appear to be headless.

Most owls make a variety of calls. They screech, hiss, and scream. Hoot calls usually mark territory, but not all owls hoot.

Owl wings are bigger than wings of other birds of the same size. This extra wing size reduces the number of beats needed to fly and helps to make flight silent.

Of the four species of owls found along the Lamprey, all are year-round residents except for the northern saw-whet owl.

Owls do not make their own nests; they use tree cavities or abandoned crow or hawk nests.

Owls are usually solitary, but a group of owls is called a parliament.

If you are out for a walk in the woods between dusk and dawn, listen for owls or watch as they silently swoop through the trees. For every owl that you see, know that there are many more owls keeping an eye on you.

Where is “Away” for Stormwater?

Stormwater is defined as *rain or snow that is not soaked into natural ground*. Stormwater moves across roofs, roads, and parking lots picking up dust, dirt, litter, automobile fluids (gasoline, motor oil, antifreeze), and air pollutants that fall as tiny particles. Stormwater is dirty and it tends to stay dirty.

For many years, people have designed roads and parking lots that get rid of stormwater as quickly as possible. The water is channeled to storm drains or catch basins. From there, the dirty water is often piped to a stream or an impoundment. Streams are effective at taking

stormwater away from the site of origin, but streams are not effective at cleaning dirty water. Streams simply transfer dirty water from one place to a different place downstream.



Rain Garden Photo
from www.extension.unh.edu

An alternative to moving stormwater “away” is to treat it on-site. One option is to build roofs and roads that drain stormwater to a vegetated area where water can soak into the ground, such as a rain garden. Rain gardens have deep, porous soils and plants that tolerate large pulses of water and periods of drought.

For more information, visit <http://des.nh.gov/organization/divisions/water/stormwater/documents/rain-garden-fs.pdf>

Another option is to build porous hard surfaces. Where pavement isn't absolutely required, gravel is an option. Gravel isn't as good at capturing rain water as a forest, but at least some rain water will soak in. Pervious pavement and concrete are high-tech alternatives that allow rainwater to pass through and soak into the ground. (For local sites, visit the far parking lot at Lowe's in Greenland, the Great Bay Discovery Center in Greenland, or the UNH Stormwater Center.)

Storm drains and catch basins are almost everywhere that people are. Fixing our stormwater problems will take time and money. Regardless, all of us can take simple, positive steps today that help reduce the amount of dirty water going into streams and do not require any political machinery or big money:

When needed, wash your car on the lawn, not in the driveway or on the street.

Always pick up after your dog, even on the lawn, and discard the waste in the trash.

Dispose of car oil properly. Never dump oil or other waste onto the street or down a storm drain.

Keep your vehicle maintained and repair oil leaks. If you see an oil spot on the driveway, soak up what you can with a rag or kitty litter and put it in the trash.

Instead of washing your driveway with a hose, sweep your driveway and discard the dirt in the trash or in a wooded part of your property.

Avoid using salt on your driveway and walkways. Use clean sand for traction if necessary.

Every one shares the same water. Keeping clean water clean is easier and less costly than cleaning up dirty water. Remember, no matter

where you are, you're always potentially downstream or upstream of someone else's activities. There is no "away" where pollution is the issue.

What is a Wild and Scenic River?



As you drive near the Lamprey River in Epping, Lee, Durham and Newmarket, you might have seen the sign indicating the Lamprey River is Wild and Scenic. You might have seen the sign so often that you don't give it a second thought; don't! The Lamprey might flow through familiar territory, but the river is far from ordinary. The national Wild and Scenic Rivers Act (Public Law 90-542) was created by the U.S. Congress and signed into law in 1968. Its purpose was to ensure free-flowing conditions and preserve the outstanding natural, cultural and recreational values of certain rivers for the enjoyment of present and future generations.

Most of the rivers in the National Wild and Scenic Rivers System flow through federally-owned land and are managed by the federal agency that manages the land. In contrast, many of the designated rivers in the East flow through private lands. These rivers, including the Lamprey, are called *Partnership Wild and Scenic Rivers*, because their management occurs through a partnership of the National Park Service and a local river management advisory committee. Both the advisory committee and the National Park Service serve in a non-regulatory capacity. In order to become designated as a Wild and Scenic River, towns and citizens along the river must work hard to document why the river is outstanding and create a comprehensive plan to manage the river. In addition, once these formidable tasks are accomplished and the National Park Service indicates its support of this designation, the U.S. Congress must approve a bill to include the river in the roster of designated rivers. Given today's political climate, that alone is rare!

Of all the rivers in the U.S. and Puerto Rico, only 203 rivers or river segments are designated as Wild and Scenic. Twenty-three and a half miles of the Lamprey River are designated as a Wild and Scenic River, from the former Bunker Pond Dam in Epping to the confluence with the Piscassic River in Newmarket. This section was found to have "outstandingly remarkable" ecology, archaeology, and recreational values. Wild and Scenic designation puts the lower Lamprey River into a very special class: less than one quarter of one percent (0.25%).

The next time you see one of the Wild and Scenic signs as you go about your day, remember that the Lamprey is a very special river and that you are very lucky to live so close to this wonderful resource.



Submitted by Suzanne Petersen

The Civil War Roundtable of NH

Meeting Schedule

On September 13th (note special date)
Actor/Consultant Patrick Falci - will present "Gettysburg's Twentieth Anniversary" (movie Gettysburg)

Special Note on the September meeting: This meeting will still be held at the Epping Town Hall, but on the third floor (in the auditorium). There is an elevator on the second floor (floor where the usual meeting is held). It is located to the right as you come in the main doors of the Town Hall. As many of you may know (or not), Pat Falci is known for his many acting and consultant talents. Twenty years ago, in the movie Gettysburg, he portrayed Ambrose Powell Hill, Lt. General CSA, (1825 – 1865) one of Robert E. Lee's generals. He will once again bring this portrayal to Epping as he did **last year at our CWRT meeting** (without the rest of the scenery and the cast)

On October 11th (note special date) Kevin J. Weddle, Ph.D (retired colonel) from the U.S. Army War College, Carlisle, PA will present "Lincoln's Tragic Admiral: The Life of Samuel Francis DuPont"

On November 8th (note special date)
Author/Historian Kevin Levin - will present "The Crater" (his new book)

December – No meeting

To all those interested, we of the CWRTNH would enjoy your presence and also your membership in our group. Bring your self, family

and friends. We welcome all new enlistees (er members).

As a new recruit (er member) you would be part of a 20+ year-old Roundtable. We have hosted many well-known names who have written and spoken of the Civil War, not to mention some of our own illustrious members who have shared their knowledge.

So if you're free on a Friday night, come down to the Town Hall at 7:15 pm and take your oath (er I mean join as a member). Learn about the Civil War and in particular the role of Epping and other towns in New Hampshire who took part in this conflict.

Check our website: <http://www.cwrt-nh.org> to check our schedule and find out more about the CWRT-NH.

Thank you for your interest in advance.

Submitted by Dan Bennis



Epping Garden Club

The Epping Garden Club will have a plant sale on **Sunday, September 8th** from 9:00 am to noon. We will be located in front of McDonald's on Route 125 where the Farmer's Market used to be located each Friday. Please stop by and show your support for what we are doing in town. Many plants will start at just \$2.00 and these are plants from Epping gardens that will bloom each and every year with proper care. We are always here to answer your questions as well.

The Epping Garden Club meetings are the second Monday of each month and most meetings are held at the Epping Safety Complex from 6:30 pm until approximately 8:00 pm, depending on that evening's discussions. You are welcome to join us. Men, women as well as teens are welcome to join us as we try to make Epping a little nicer, One Corner at a Time.

Donations of TIME, SUPPLIES and CASH are ALWAYS welcome! Thanks for all the positive feedback we have received - we really appreciate it. We are looking for residents who also use FACEBOOK to "LIKE" us there, too! Please call Eunice at 300-0064 or contact us at eppinggardenclub@gmail.com with any questions or for more information.

Submitted by Eunice Miller

Garden Workshops

Learn how to extend your growing season into late fall, and even winter, and plan for next year with a series of autumn workshops sponsored by UNH Cooperative Extension and the Massabesic

Aububon Center.

Ron Christie, Agriculture Program Coordinator with the UNH Cooperative Extension, will present four hands-on workshops on Wednesdays, running Sept. 11th through October 2nd, from 7 to 9 pm at the Massabesic Audubon Center in Auburn. Each workshop is \$5 per person, payable at the door. Enthusiastic gardeners, both beginner and experienced, and gardening families are welcome.

The four workshops include: Sept. 11th – Extending Your Garden Season; Sept. 18th – Build an Inexpensive High Tunnel/Greenhouse; Sept. 25th – Storing Your Harvest; and October 2nd – Closing Up The Garden.

Because of limited space, pre-registration is required. To register, contact the UNH Cooperative Extension office in Rockingham County at 679-5616 or ron.christie@unh.edu.



Leddy Center

The Leddy Center's season will continue with Mary Gatchell and her amazing band from New York City returning on **October 4th** at 7:30 pm, for "Mary Gatchell in Concert." This will be followed by "Anne of Green Gables" from **October 25th to November 10th** and "A Christmas Carol" from **December 6th to 15th**.

Individual tickets are \$18 and \$16, depending on seating, and subscription series are available. The Leddy Center box office is open Monday through Friday from 3:00 to 5:00 pm. Visit or call the Leddy Center at 603 679-2781 for ticket information or order tickets online at www.leddycenter.org.



ETV Schedule

Channel 22 – ETV – Schedule – live programs
Monday – Sept. 3 Tuesday, Monday 16, 23, 30;

Oct. 7, 21, 28 – Selectmen – 7 pm

Tuesday – Sept. 3, Oct. 1 - Water and Sewer – 7 pm

Tuesday – Sept. 17, Oct. 15 – Library Trustees – 7 pm

Wednesday – Sept. 18, Oct. 16 – Budget Committee – 7 pm

Thursday – Sept. 5, 19; Oct. 3, 17 – School Board – 7 pm

Thursday – Sept. 12, Oct 10 – Planning Board – 6 pm

Friday – Sept. 13, Oct 18 – Civil War Roundtable – 7:15 pm

Monday meetings are rebroadcast:

1/2 hour after meeting
Tuesday - 7 am
Wednesday - 11 am
Thursday - 3 pm
Monday - 2 am

Tuesday meetings are rebroadcast:

1/2 hour after meeting
Wednesday - 7 am
Thursday - 11 am
Monday - 3 pm
Tuesday - 2 am

Wednesday meetings are rebroadcast:

1/2 hour after meeting
Thursday - 7 am
Monday - 11 am
Tuesday - 3 pm
Wednesday - 2 am

Thursday meetings are rebroadcast:

1/2 hour after meeting
Monday - 7 am
Tuesday - 11 am
Wednesday - 3 pm
Thursday - 2 am

All dates and times are subject to change.
Please consult the ETV Bulletin Board or the Town website for any changes or updates.

Always remember that Board meetings are available any time at your convenience by going to <http://etv22@pegcentral.com>. They are usually available the day following their "live" broadcast.

"Live" video streaming is also available. Watch live meetings anywhere while they're broadcast: http://etv22.pegcentral.com/live/live_etv22.html.

News From the Town

September 2 and October 14 – Town Hall closed

A part time budget committee secretary is needed. Please send letter of interest to the Selectmen's Office.

Epping's 275th Birthday Celebration

JOIN THE FUN!

Volunteers needed

Contact Selectmen's Office

679-5441

Names are still being collected for the Committee and a Chairman is still needed.

Christmas Stockings for our Troops

We will be collecting items for Christmas Stockings for our Troops and if anyone would like

to drop off items at the Town Hall, it would be appreciated. This year we plan to fill Stockings to send to our Epping residents serving in Afghanistan and listed below. Last year the Town Hall staff filled 15 Christmas Stockings and the American Legion delivered them to the Veteran's Hospital

Epping Military Now Serving in Afghanistan

Justin Cook
John Cooney
Steven Moody
Daniel Mussey
David Mussey
Brendan O'Day
Tom Seaman
Patrick Tibbetts

Please let us know if we've missed anyone. We'll list them in our next issue.

Cell Phones for Our Troops

Donate your old cell phone.

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop off box at the Epping Town Hall for your convenience.

Latest News from Brickyard Square

The Kume Japanese Steakhouse is now open, offering a wide array of Japanese dishes with Japanese lunch specials and Japanese style dinners. Popovers on the Square is also open with 136 seats, including out door seating, and offering breakfast, lunch and dinner. They also offer Popovers' menu of coffees, wines, European-style pastries and desserts, soups, sandwiches and salads and it has a full bar.

900 Degrees Neapolitan Pizzeria, a wood-fired pizzeria offering a martini and wine bar, live entertainment and more, is set to open in the fall. It will have a 14-seat pizza bar with two brick ovens and a few community tables to accommodate larger parties. The restaurant plans on having live entertainment and special events throughout the week.



Scouting Around Epping

Cub Scout Pack 136

Pack 136 is gearing up for another year of Adventure and Fun!

Past Events:

Camp Carpenter

The boys had a great time in July at Camp Carpenter. Many boys earned numerous awards and their coveted Aquanaut Merit Badge. Congrats to all the boys!!!! They worked very hard while having a great time. Thanks to all the Leaders who took their personal time to be there to support the boys! Thanks, Hank,. Skip, and Chuck.

September & October Pack Events

Popcorn Sales

We are gearing up for our Popcorn sales drive which helps to support Pack activities. Did you know that 70% of sales go directly to Scouting? We would like to send out a special Thank you to all our residents who purchase popcorn from the Scouts. This money helps to fuel the Pack and support fun events like overnight camping trips and sending kids to Scout Camps.

Popcorn Show & Sell: Walmart & Market Basket in Epping, NH on **Saturday, September 14th**

Come join us at one of our upcoming Pack meetings:

September Pack Meeting: **Wednesday, September 18th** from 6:30 to 7:30 pm at the Epping Middle School

October Pack Meeting: **Wednesday, October 16th** from 6:30 to 7:30 pm at the Epping Middle School

Other ways to help the Scouts: Empties4cash fundraising program:

We are collecting unwanted or used inkjet cartridges. We will have collection sites at the Library, the Town Hall and possibly the Community Church. If you have unwanted inkjet cartridges at home that you can donate to the Scouts, please contact Andrea Meyer at her e-mail address at ameyer71@gmail.com.

Interested in Scouting? About Scouting:

Scouting is organized into Dens by age groups: 1st grade, Tiger Cubs; 2nd grade, Wolf; 3rd grade, Bears; 4th grade, 1st year Webelos; and 5th grade, 2nd year Webelos.

The Pack consists of Dens and their families. Pack 136 meets monthly, usually on the third Wednesday of every month at 6:30 pm at the Epping Middle School. Pack meetings are filled with fun and they're a way to celebrate Scouting, promote family sense of community and reward the boys for their hard work.

Wow! Cub Scout Pack 136 has grown by leaps and bounds this year. We have lots of new Scouts joining our ranks, which is so wonderful. Many of these new Scouts have already earned their first badge, the Bobcat. Those who haven't received their Bobcat yet will most likely receive it at our next Pack Meeting in November.

SCOUTING = FUN, Don't miss out!

We are looking forward to lots more fun events. Some examples of things we plan to do this school year are: Family Fun day at a corn maze, Family Bowling night out with the Pack, Attend a Monarchs game, Winter Fun Day at Camp Dion (the Webelos get to do a sleep over!), Blue & Gold Banquet, Pinewood Derby race, Rain Gutter Regatta Race, Battleship Cove. See historic Battleships and camp overnight on a real battleship, Fisher Cats game and camping overnight on the field. It's going to be an incredible year of Scouting. The boys will all be working hard on their badges for the year.

Thank you to the Epping Community for all of your support. A special Thank You: We would like to thank the Epping School System (SAU 14) for their generous donation of a handicapped-accessible meeting place for our monthly Pack meetings!

If you can't make one of our meetings but would like more information on joining Cub Scouts, please contact our **Cubmaster, Mike Page** at michael.page.nh@gmail.com or cubmaster@pack136epping.org

Join us on Facebook and keep track of the Pack <http://m.facebook.com/group.php?gid=199059685109&fbf=r6c4d2187&refid=46>.

Submitted by Rainy Melton

Boy Scout Troop 136

The Troop had a very active summer season highlighted by many in the Troop attending summer camp at Camp Bell in the Gilmanton area. Scouts were able to earn merit badges in the areas of horsemanship and kayaking. Many were able to qualify as swimmers as well. The Troop enjoyed the time meeting Scouts from all over the District. Thanks goes out to the adults who sacrificed a

whole week of their time to attend, such as Steven George, Stephen Sylvain, Peter Gibb, and Matt Cray.

Local businesses should be looking for the opportunity to advertise in the 2014 Troop Community Calendar. The deadline is soon approaching, so if your business has not been contacted and you would like to advertise, call Cliff Cray at 396-9436. The calendar will be available to the public for \$5, coming up in the fall of 2013.

Popcorn sales are back! Please support your local Troop in their biggest fundraising effort of the year. You can purchase popcorn from your neighborhood Boy Scout or at Walmart on **Saturday September 21st** from 9 am to 3 pm. Monies raised go directly to support the Troop activities and not to individuals.

The Scouts have many things planned over the next few months such as the High Adventure ropes course in September, Scout Jamboree in October, Scouting for Food in November, and so much more. If you know a boy between the ages of 11 and 17 who would benefit from an organization like the Boy Scouts, please contact Les Houston at 679-9595.

Submitted by Les Houston



Girl Scouts of the Green and White Mountains

The Girl Scouts of the Green and White Mountains will be holding a Recruiting Event in Epping on **Tuesday, September 9th** from 7:45 to 9:30 am at the Epping Elementary School.

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

You can also register now for Fall Troop Placement! \$30 per girl for the 2013 - 2014 membership year (beginning October 1st) Visit <http://tinyurl.com/c8f9k9m>

If you would like more information, please visit www.girlscoutsgwm.org/explore.html or call 888 474-9686, ext. 165.

4-H News

4-H National Youth Science Day

Youth in Rockingham County 4-H will join millions of young people across the nation to become scientists for the day during the sixth annual 4-H National Youth Science Day (NYSD) on **Wednesday, October 9th**. This event seeks to

spark an early youth interest and leadership in science, technology, engineering and math (STEM) careers in an effort keep America competitive in those fields.

This year the National Science Experiment will be "4-H Maps & Apps." The set of activities will turn young people into geospatial thinkers as they design and map their ideal park, use GIS mapping to solve community problems and contribute data about their community to the United States Geological Survey.

Stratham Fair 4-H auction benefits local youth



4-H member Katarina Vogel of Raymond and volunteer Mary Hoelzel of Epping hand tie a quilt that was later up for bid at the 4-H Benefit Auction at the Stratham Fair.

The 2013 4-H Benefit Auction at the Stratham Fair was a tremendous success, with an increase in auction donations and bidders this year. The \$3,500 in raised funds was the result of generous donations from local businesses and craftspeople, an energized team of 4-H volunteers, and the local community who gathered at the 4-H Exhibit Building to bid at the auction.

The Rockingham County 4-H Foundation sends a great thank you to the local businesses, craftspeople, and local citizens who supported the auction with their generous donations, and the auction buyers, auctioneer, and volunteers who made the fundraiser a success for all in Rockingham County 4-H youth.

Proceeds from the auction help send local youth to county, state, and national leadership and citizenship development events, support 4-H Youth Development programs, 4-H afterschool programs, and provide continuing education scholarships and recognition for 4-H youth and volunteer leaders.

The 4-H Youth Development program of UNH Cooperative Extension strives to create supportive

program environments where youth have a sense of belonging and a desire to grow in knowledge and skill. 4-H has been educating youth in the sciences for more than 100 years. For more information about 4-H in Rockingham County and how to participate in 4-H National Youth Science Day, contact the UNH Cooperative Extension office at (603) 679-5616 or visit the web site at www.bit.ly/RockCty4H.

Submitted by Donna Funteral

American Legion News

Sadie Hawkins Dinner & Dance – Saturday, September 21st

American Legion Post 51 is having a “**Comfort Food**” Buffet starting a 7:30 pm. Some of the offerings include Chicken Casserole, Pasta Salad, Finger Roll Sandwiches, Apple Crisp and more. **The Sadie Hawkins Dance** with the **Rage’n Age Band** will begin at 8:00 pm. They play classic rock tunes from the 60’s thru the 90’s. The cost for the Buffet and Dance is \$7 per person at the door. Singles are welcome! A cash bar will be open. The event will be held in the non-smoking Harry Bradshaw Memorial Hall. 679-8320

Halloween Dance – Saturday, October 19th

American Legion Post 51 is hosting a **Halloween Dance** featuring “**This Old Band**” that will be shaking up our hall with some good old rock’n roll music. There will be a prize for the Best Costume. The doors open at 8:00 pm. The cost is \$6 per person at the door. Costumes are optional but are more fun! Singles are welcome. A cash bar will be open. The event will be held in the non-smoking Harry Bradshaw Memorial Hall. 679-8320

Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday, September 8th** and **Sunday, October 13th**. Eggs, Bacon, Sausage, Toast, Pancakes, Home Fries and Coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$6.00 a plate, \$4.00 per child and worth every penny!

Submitted by Janet DeLong



Epping Fire Department

We have a certified instructor in infant seat installation. Please call 679-5546 and make an

appointment to have your infant seat installation inspected.

Explorer Post 716

Youth 14 years old to 20 years old are invited to join the Epping Fire Department Explorer Post. The Explorers meet on the 2nd and 4th Thursdays from 7:00 to 8:30 pm.

Explorers learn how to use the Fire Department equipment and do search and rescue. Once the probationary (learning) period is over, they may assist on fire calls. Explorers are allowed to ride on the apparatus if seats are available and assist firefighters with the self-contained breathing apparatus (SCBA), supervise the rescue truck and perform many other duties at a fire scene.

For more information call Cliff Cray at 396-9436 or e-mail at deacon100@comcast.net.

Police Explorer Post 714

Youth 14 and older may also join the Police Explorer post by calling 679-5122.

Epping Community Church

An Open Invitation

We wish to invite you to visit our church family by joining us for our Sunday service of worship or one of the many other activities at Epping Community Church. There are two principles around which we gather in His name.

1. The Apostle Paul in his letter to the Galatians, chapter five, verse one states, “It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.”

2. “‘Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind’; and, ‘Love your neighbor as yourself.’”

You will find a welcoming congregation with open hearts. We choose not to pressure, cajole, or use legalism to attract individuals to our faith community. We choose not to commercialize the name of Christ or cheapen the meaning of the body of Christ, the church, with cheap beggarly promotions.

We choose to seek to make disciples for Christ by first being disciples ourselves. Imperfect, though saved by His grace, we seek to live and let our living and service be testimony to our faith in Him and the Covenant God has given through His Son, Jesus.

Weekly Schedule for Epping Community Church

Sunday: Choir Practice – 8:00 am; Worship – 9:00 am

Sunday School – Resumes in September on Sunday mornings at 11:00 am

The pastor will be leading a new adult Sunday School Class in our sanctuary this fall. It will begin when our Sunday school program resumes in September. The topic of the Adult class, as well as the materials taught from will be, “The Bible as one continuing story of God and His people.” The children will be learning from parallel subject matter so that families may grow together in the Word of the Lord.

Wednesday: Spiritual Formation Group – 7:00 – 8:30 pm

Thursday: Bible Study and Prayer Group – 9:00 – 11:00 am

Friday: Friday Night Pizza Night – 5:00 – 6:30 pm

Saturday: Food Pantry – The Food Pantry has new hours of operation on Saturday mornings: 8:00 – 10:00 am.

Community Cares Food Pantry

Our Food Pantry served nearly 3400 families and individuals during the 2012 calendar year. We are so appreciative of all who participate in supporting the Food Pantry through food donations, monetary donations and volunteer time. We are grateful to the partnership of local businesses, St. Joseph Catholic Church, the Epping Schools, Epping Post Office, Boy Scouts and many others who assist in such an important way toward meeting the needs of those facing times of difficulty.

Monthly Third Saturday Dinners

Our monthly dinner occurs on the third Saturday of each month from 5:00 – 6:30 pm. We'll have our September dinner on **Saturday, September 21st** and we'll be serving Roast Turkey with all the fixings. On **Saturday, October 19th** we'll have our Annual McPhee Fish Fry with fish, French fries, onion rings, slaw, etc. The cost is \$8 per person, \$4 under 12 and will benefit the Building Fund.

Friday Night Pizza

On Friday evenings we serve up some of the best pizza around. A large pizza, with cheese only or with all the toppings is just \$8.00. Pizza is made from 5:00 pm until 6:30 pm. You may order your

pizza by phone for either take out or eating in by calling 679-5542 or just order when you arrive.

Friday Night Praise

You are invited to join us at 7:00 pm on the fourth Friday evening of each month (with the exception of November and December) for 90 minutes of praise and gospel music. In June, Epping Community Church was host to Paul Lavoie. A local singer and songwriter with a new CD titled, New Wine, he shared his musical gifts and original compositions with those in attendance. The ECC Praise Band also brought their special arrangement of praise, hymn and original music as part of the evening gathering. Hoping that the Friday event will bless many people, it is the plan of Friday Night Praise to invite more singers and groups to bring their gifts to the worship of our Lord.

The August Friday Night Praise special guest group was Step By Step. Sometime around 2004, Brian Raymond along with Brian Tokarz invited Jeff Damon and Kevin Kershaw to join them to add some guitar-driven praise and worship songs to the set list. Step by step and many years later, we are still enjoying fellowship, praising God and spreading the Word with original songs and original versions of songs that you may already know. With the recent addition of worship team and U.S. military Veteran Heath Johnson, we are continuing to run the race Step by Step. The ECC Praise Band participated in the evening's presentations as well.

The September Friday Night praise will be on **September 27th** from 7:00 – 8:30 p.m. The guest group is to yet be determined.

Facebook

You can find the Epping Community Church, information and upcoming event on facebook.com/eccnh. Friend us today! Share the good news with those you love, those you meet, and because you care!

Phase II of the building program has begun.

The second phase of our building project has begun and we are truly excited! If you are driving by you will notice that the subflooring, and as of this writing soon to be wall and roof, are in process. We hope to have this addition which will include two offices, a meeting space and larger assembly/multipurpose room under roof before winter weather sets in. We continue to ask for your prayerful support as we move forward with God's plans for Epping Community Church. This new addition will enable needed programs and

supportive outreach ministry to move forward as we seek to be a positive presence and make a difference in our community.

Wheel Chair and Handicap Accessibility

The completion of Phase I of the building project has made our facilities wheel chair and handicap-accessible. Entrance is through the new side entry where a ramp can be found leading to the side doors. Once inside, turning to the left and just down the hallway is the new elevator which will take you to the second floor sanctuary. We hope you will visit us soon!

St. Joseph Catholic Church

208 Pleasant St. (Rte 27)

Epping, NH 03042

Office telephone: 679-8805

New Mass times: Mondays changed from 9:00 am to 8:00 am and Wednesdays changed from 7:30 pm to 7:00 pm.

September

Adoration Mondays – Noon-9 pm

Adoration Fridays – 8 am-7 pm – First Friday
24-hour Adoration

Religious Education classes begin September 15th

K of C Steak and Lobster – September 28th
Tickets selling in advance. Call church office at 679-8805

Adult Confirmation Classes begin – for more information call Anne Atwater at 642-8626

RCIA – for more info Call Jerri Maille at 895-3701

Mom's group 1st and 3rd Thursdays – 9:30 am

October

Adoration Mondays – Noon-9 pm

Adoration Fridays – 8 am-7 pm – First Friday
24-hour Adoration

Welcome Home Catholics – begins October 3rd
– 7 pm and will run for 7 weeks

Mom's Group 1st and 3rd Thursdays – 9:30 am

If you have any questions, please call the Rectory Office 679-8805 or check our website at <http://stjosepheppingnh.com> for further information on upcoming events.

Epping Bible Baptist Church

Epping Bible Church is a community of Christian believers who seek to grow in maturity and in

knowledge of Jesus. We average 125 people on Sunday mornings and visitors are always welcome to join us. We love to share that Jesus has come that we might have life and have it more abundantly, and are excited to teach how to find that abundant, joyful life!

Our Sunday mornings begin with a full, free breakfast starting at 8:00 am.

Sunday School is offered for all ages beginning at 9:30 am.

Our morning service starts at 10:45 am and is what we call a blended service that contains a mix of both contemporary and traditional elements. Childcare is provided at all of our services by background checked, CPR certified volunteers.

Sunday evenings at 6:00 pm, we have an informal time for fellowship, discussions, questions and sharing.

Small groups exist for men and women who share the desire to gather regularly for mutual Christian growth through loving, learning, serving and reaching others in order to become better disciples of Jesus. They are available at various times throughout the week, including a young adults group, a men's group and a women's group.

We offer Choir for all ages. Practices are held on Sunday evenings.

Prayer meeting meets on Wednesday evenings at the church at 7:00 pm.

AWANA takes place on **Friday** nights for kids age 4 through grade 6.

Faith Bible Institute is a college level Bible course that is held on **Monday** nights at 6:30 pm.

We offer a free food pantry that takes place the second and third **Fridays** of each month at 1:00 pm.

Our goal is to serve others in our community and surrounding communities with the love of Christ and to share the Gospel of Jesus' death, burial and resurrection with everyone!

Our services can be seen on Sunday mornings on ETV - channel 22, and can also be seen on our website.

Pastor Ron does a devotional online each week, and is always available to serve the needs of our community.

For more information, please contact us at www.eppingbible.org.

West Epping Quaker Meeting House

Friends (Quakers) have been meeting in Epping since 1772. The present Meeting House was built

on Friends Street in 1851 on land given by John Folsom.

We have Meeting for Worship every first and third Sunday at 10:00 am. We meet in silent meditation for an hour. If someone feels moved to share a message they are encouraged to do so. Because our group is small the meeting remains rather silent. We welcome visitors to our meetings to join with us. For those who would enjoy just visiting the Meeting House they may call the Clerk, Fritz Bell, at 244-1119 for a tour.



Harvey-Mitchell Memorial Library

Epping's Public Library
151 Main Street
734-4587 (Adult Dept.)
679-5944 (Children's Dept.)
679-5884 (Fax)
harvmitch@gmail.com
www.eppinglibrary.com

Hours: Monday-Friday 10-8
Saturday 10-2

Closed **Monday, September 2nd** for Labor Day
Closed **Monday, October 14th** for Columbus Day

Summer Reading Program

Congratulations to all our summer "Dig Into Reading" readers!

We extend a very special thank you to Colin Nollet, our summer assistant, and to our wonderful volunteers Jasmyne Bickford, Emma Coolidge, Stephanie DiFrancesco, Maylee Gagnon, Molly Gallagher, Hannah Gagnon, Konrad Hodgman, Parker Holt, Kiley Lafond, Alexis McDuffee, Victoria Maesias, Ava Montalbano, Ariana Munguia, Casey Munguia, Haley Munguia, Catriona Poulin, Sam Prince, Anna Re, Isabella Snyder, and Caleb West. They did an excellent job!

Autumn Open House

Everyone is invited to our Autumn Open House on **Thursday, September 26th**, from 6:30 – 8:00 p.m. Meet the Trustees, find out about the HMML Foundation, and enjoy light refreshments and the wonderful barbershop quartet harmonies of Exchange Street.

Halloween Party

On **Saturday, October 26th** from noon until 1:30 pm, we will host a party for 2-6 year- olds and their families. Bring your brown bag lunch and enjoy treats, surprises and stories. Patrons may sign up

during October so we will know how many "ghosts" to expect!

Knit Night

2nd and 4th Wednesday nights at 7:00 pm. Bring your own yarn and needles. Enjoy the company of other knitters! For more information contact coordinator Marjorie Pim at marjpim@yahoo.com.

Adult Book Discussion Groups New members are welcome!

The Eclectic Book Club meets on 2nd Wednesday nights at 7:00 pm.

The Dusty Old Mystery Book Club meets on 3rd Wednesday nights at 7:00 pm.

Call us at 734-4587 or visit us at www.eppinglibrary.com for more information.

Submitted by Bradley A. Green, Library Director

Epping Youth Coalition

The Epping Youth Coalition is a group of parents and school and community leaders working together to create events and programs and connect the community in various ways in order to help Epping youth have positive opportunities and to encourage positive choices.

It is exciting to see all the amazing energy, ideas, networking and sharing of information and resources already happening in such a short time.

Our meetings are on the 3rd Tuesdays of the month, at 9:00 am. There will be meetings on **September 17th**, and **October 15th**.

Submitted by Linda Daigle

Epping Parks & Recreation

Department News

Home of the "River Otters"

Director: Nicole Bizzaro

Temporary office at Epping Town Hall

Cell Phone: 608-9487

eppingrecreation@gmail.com

Join us on Facebook and follow us on Twitter.

Due to structural issues at Watson Academy, the building will be closed to the public and the Recreation Center is closed and any programs or meetings there are cancelled until further notice. Adult Basketball will be run at the EMS Gym and Derry ATA Karate at the EES with no changes.

If you need to reach the Department, please contact Nicole, Recreation Director via e-mail at eppingrecreation@gmail.com or cell at 608-9487. The temporary Rec. Office has been set up on the

2nd floor at the Town Hall. Enter the main door and go up the stairs. There will be registration forms and other information available there. Any program payments can be given to staff at programs or can be mailed to us at 157 Main Street, Epping, NH 03042. Please make checks out to "Town of Epping." We appreciate your patience while we figure out our building issues.

Please follow us on Facebook for latest program updates, changes and announcements

Epping Parks & Recreation Is currently seeking Before and After School Staff

The Epping Recreation Department is seeking highly energetic individuals to work as part of their Before and After School Program team! We are interested in candidates who have a desire to be fully engaged in creating and running programs for children ages K-7. Candidates should have good communication, problem solving and organizational skills, with the ability to work with multi-aged children.

Our morning program is located at the EES Gym from 6:45 to 8:20 am. We provide organized games, crafts and sports activities, as well as homework help.

Our After School Program runs from 2:45 to 5:45 pm and is currently located at the Middle and Elementary Schools. We provide daily structured activities, including physical education classes, art, science, music and culture, as well as time for homework help and snack. We utilize the school's gym, fields and playgrounds, as well as designated classrooms in the Elementary School. During No School Days and Vacation Weeks, we provide full day programs, including structured activities, free time play and field trips, based out of the EES gym.

Qualifications: Candidates **MUST** have experience working with children and excellent references. CPR and First Aid is preferred. Criminal Background Checks are required as part of the hiring process. A Bachelors or Associates degree in Education, Recreation, Art and Early Childhood Education or students working toward these or a closely related degree are preferred. We prefer candidates that can work a consistent schedule during the school year. We have both morning and afternoon shifts available to work around your school schedule. All candidates must be able to commit to working the entire 2013-14 School Year.

To Apply: Please e-mail cover letter and resume to eppingrecreation@gmail.com or mail to Epping Recreation Department, 157 Main Street, Epping, NH 03042. You will also be asked to complete a

Town form which can be found on our website at www.eppingrecreation.org under the employment tab or you can pick one up at the Town Hall. This form should be e-mailed or mailed with all resumes. Positions will be open until filled.

Before and After School Programs **Grades K-7**

6:45- 8:20 am and 3:00-5:45 pm

Before School Program at EES Gym

After School Program meets in EES Gym, then Goes To EMS Cafe 3:15-4:15 pm, then Back To EES Gym till Close

We provide a safe, nurturing place for children to attend quality programming beyond the schools' hours of operation. We strive to help youth reach their full potential by allowing them to explore their physical, social and intellectual interests in a safe and fun setting. The culture of our programs emphasizes quality relationships and a healthy respect for individuality. We provide enough structure to keep everyone safe, but we also offer an open atmosphere that allows children to explore their interests in groups or on their own.

The **River Otters** before school program operates on normal school days at the Epping EES gym in the mornings for youth in grades K-6. The program opens at 6:45 am and runs until students leave for their classrooms at 8:20 am. Kindergarteners are escorted by staff. At the program, the youth are able to finish homework, work on arts and crafts projects, play games in the gym and use the playground. The youth are able to eat breakfast with the school breakfast program. The after school program starts at the EES gym to gather, then they head over to the EMS/EHS Cafe for snack and homework time from 3:15-4:15 pm. The children go out to play on the playgrounds as well on good weather days. The programs then move into the EES gym for organized games and activities from 4:15-5:45 pm. The program operates from school dismissal until **5:45 P.M.** Children are grouped by grades: K-1, 1-2 and 3-6. This may vary slightly depending on space and child needs in each of the groups. Space fills up fast, so download a registration form today! We require registration for the Fall Semester and again in December for the Spring. We offer No School Day, Parent/Teacher Workshop and Vacation Week full day programs, which will have separate registration forms. Please check one month in advance of any No School Days on the school calendar or call us at 608-9487 if you have questions.

Middle School Programs

The 8th - 12th Grade CIT program is back again this year. Students who like working with children and want to gain experience may apply to be a Counselor In Training. School year positions are available and it's FREE! Download an application by clicking on the tab on www.eppingrecreation.org and see the Elementary School program tab for the Before & After School program description.

Adult Programs

Adult Basketball

Note: Adult Basketball has been On Hold until September due to School Gym Floor work.

Want to play some adult basketball? Come join The Epping Recreation Department for some pick up Co-ed basketball in the Epping Middle School Gym Thursday and Sunday nights.

Days / Times: Thursday - 7:30 - 9:00 pm

Sunday - 7:00 - 9:00 pm

Location: Epping Middle School Gym

Cost: \$30 for 10 nights - Please make check out to the "Town of Epping."

Each participant is required to sign a waiver form prior to playing and payment. Waiver forms will be available at the gym. We will have a sign-in sheet, to keep track of days used. Once you have used your ten nights, bring in your next payment of \$30 for ten additional nights. You won't be allowed to play if we don't have a signed waiver and payment. The payment covers the cost of the staff to provide this program.

Check our Facebook page for updates on programs, including cancellations. We will also notify you via e-mail of any program changes, so please provide a current e-mail address.

Guitar Lessons

(Please contact Joseph directly about this program, due to the Watson Academy closure.)

For children, teens, and adults alike, taking guitar lessons at Epping Recreation is an enjoyable, affordable, and rewarding experience. Taught by a highly recommended music instructor Joseph K. Murphy, lessons are designed to challenge and educate students while personalizing the curriculum to their musical tastes and needs.

Lessons are for ages 8 to adult.

Rates: \$20.00 for ½ hour or \$35.00 for 1 hour.

Contact: Joseph K. Murphy 608-8672

josephkmurphy@gmail.com

<http://rockandrollwithme.wordpress.com>

Zumba

The popular dance aerobics class is back in the Epping Recreation Department with Zumba Instructor Cassandra Mullen. She has classes on Tuesday and Thursday nights 7:45 – 8:45 pm in a NEW location in the Epping Elementary School Gym with a Strength Training class at 6:45 pm on those days. Cost: \$35 for a 6-week session or \$7 Drop-In.

Please visit Cassandra's Facebook page at <http://www.facebook.com/zumbawithcassandra> for more class information and to give music choice suggestions. She will also post cancellations there.

Martial Arts Programs at Epping Recreation and EES (offered by Derry ATA)

Karate Classes

Grades K - 8, Mondays and Thursdays at EES, 3:15 - 4:15 pm, \$65 per month

*SPECIAL: New students who sign up will receive TWO FREE WEEKS!

For more information or to sign your child up, please contact Mrs. DeNapoli at 434-9444 or e-mail at dcdenapoli1023@gmail.com.

ALL beginners receive a FREE Uniform.

Learn to Ski and Snowboard Program

The trial year of our Learn To Ski & Snowboard Program with McIntyre Ski Area was a great success and will be offered again next year. If you are interested in being placed on a list for more information for next year, please e-mail us at eppingrecreation@gmail.com.

The Porch

We are a not-for-profit organization.* Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

Running a youth center for teenagers

Running a children's after-school program

Giving financially to families who are in need

Providing free family counseling

Organizing various programs for teenagers to service others

*We are currently waiting on the IRS to give us our final paperwork.

Kids Club

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

Teen Central

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 pm and goes until 4:30 pm.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at www.eppinglighthouse.org or you can e-mail us at eppinglighthouse@hotmail.com to request a form for more information!

We are currently accepting applications for volunteers to work at our Kids Club and Teen Central.

Families First

support for families...health care for all

Epping Family Morning Out on Fridays, beginning September 13th 9:30 – 11 am (Except 11/29 and 12/27).

Epping Family Morning Out is for children from birth to six, with their parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and a snack. Facilitator: Allison Dillon. It will be held at the SAU 14 Building, 213 Main Street, Epping. Cost: Free

For information call 422-8208, press 2, or visit <http://www.familiesfirstseacoast.org/programs.cfm>.

Does your child have a chronic health condition? Partners in Health may be able to help. For families who have a child (aged 0-21) with an ongoing health condition, Partners in Health offers advocacy; resources; assistance in navigating school, insurance and medical systems; education, support and encouragement. Call Families First at 422-8208, ext.146, and Anna can meet with you to assess your needs.

Need Support at Home?

Families First offers a free program in which a family worker will meet with you on an ongoing basis--in your home or at another convenient location -- to help you identify needs, access

services, and learn skills to reduce stress and improve family life.

Family workers can help with:

a. meeting your family's basic needs (housing, transportation, utilities, food, etc.).

b. improving your parenting skills and building strong parent/child relationships.

c. parenting a child who has a chronic illness (advocating for your child, accessing resources, navigating systems such as schools, insurance companies and medical providers).

For more information, call 422-8208, ext. 314 or visit www.FamiliesFirstSeacoast.org/oneonone.html

Richie McFarland Children's Center's Touch-A-Truck

The 9th Annual Richie McFarland Children Center's Touch-A-Truck will be held at the Pease Tradeport, Pease Blvd in Portsmouth on **Saturday, October 19th** from 10 am to 2 pm. The rain date is October 20th.

The big trucks are back on the Pease International Tradeport to benefit the Richie McFarland Children's Center. Stop by and see big construction equipment, race cars, limousines, oil trucks, tow trucks and many more. Children will be able to touch, sit in, climb on and have their pictures taken with the vehicles and the professionals who operate them.

The cost for admission is \$5 per person, not to exceed \$20 per family.



Epping School District News School Begins

The first day for students is **Tuesday, September 3, 2013**. This school year the district will have a similar school calendar to last year, but with two more student days (two less professional development days). The calendar includes two parent conference days and four professional development days scheduled throughout the school year. Professional development days were selected taking into consideration holidays and voting day. There will be no early release days. Please visit www.sau14.org for the 2013-2014 School Calendar. Students attending Seacoast School of Technology started **Monday, August 26, 2013** per

Epping Calendar of Events for September 2013

September 2	LABOR DAY HOLIDAY
September 2	Epping Town Hall and Library closed
September 3	SCHOOL BEGINS FOR EPPING SCHOOL DISTRICT
September 4	First Day of School for Preschool
September 5	First Day of School for Kindergarten
September 5	Epping School Board meeting in Epping Town Hall – 7 pm
September 7	Epping Community Church Food Pantry and Coats of Caring – 9-11 am
September 8	American Legion Post 51 Sunday breakfast – 9:00-11:30 am
September 8	Epping Garden Club Plant Sale in front of McDonald's – 9 am-Noon
September 9	Girl Scout Recruiting Event at the Epping Elementary School – 7:45-9:30 am
September 10	EMS Picture Day
September 11	Knit Night at the Library – 7 pm
September 11	Eclectic Book Group at the Library – 7 pm
September 11	Rockingham Nutritional Program's Day of Caring in Plaistow
September 12	EES Band Instrument Rental Night in the multi-purpose room – 6:30 pm
September 12	EES Picture Day and EHS Picture Day
September 12	Epping Seniors meet at the Epping Safety Complex Fire Station at 1:00 pm
September 13	Epping Bible Baptist Church Food Pantry – 1:00-2:30 pm
September 13	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
September 13	Families First Epping Family Morning Out starts – Fridays – 9:30-11:00 am
September 14	Cub Scout Popcorn Show & Sell at Epping Walmart and Market Basket
September 14	Epping Community Church Food Pantry and Coats of Caring – 9-11 am
September 14	Highnote Festival at 173 Prescott Road – 2 pm until dark
September 17	Epping Youth Coalition meeting – 9:00 am
September 17	Library Board of Trustees Meeting – 7:15 pm
September 18	Dusty Old Mystery Book Group at the Library – 7 pm
September 18	Cub Scout Pack Meeting in the Epping Middle School – 6:30-7:30 pm
September 19	Roberta Gibson Prevear will speak at the Historical Society – 7 pm
September 19	EMS Open House and EHS Open House – 6:00-7:30 pm
September 19	Epping School Board meeting in Epping Town Hall – 7 pm
September 19	EES Volunteer Orientation – 9 am
September 20	Epping Bible Baptist Church Food Pantry – 1:00-2:30 pm
September 20	Last Friday for this summer's Epping Farmers Market
September 21	Sadie Hawkins Dinner and Dance at American Legion – 7: 30 pm
September 21	Epping Community Church Food Pantry and Coats of Caring – 9-11 am
September 21	Epping Community Church Dinner "Roast Turkey Dinner" – 5-7 pm
September 24	Epping Lions Club meeting at the Epping Edward Jones office on Route 125 – 6:30 pm
September 24	EES Open House for Kindergarten to Grade 2 – 6:30-8:00 pm
September 25	EES Open House for Kindergarten to Grades 3 to 5 – 6:30-8:00 pm
September 25	Knit Night at the Library – 7 pm
September 26	Autumn Open House at the Library – 6:30-8:00 pm
September 27	NO SCHOOL – Teacher's Professional Development Day
September 27	Epping Community Church Friday Night Praise – 7:00-8:30 pm
September 28	Epping Community Church Food Pantry and Coats of Caring – 9-11 am

Epping Calendar of Events for October 2013

Date	Event
October 3	Epping School Board meeting in Epping Town Hall – 7 pm
October 4	“Mary Gatchell in Concert” at the Leddy Center
October 5	Epping Community Church Food Pantry and Coats of Caring – 9-11 am
October 8	Senior Healthy Living Expo in Portsmouth
October 9	Knit Night at the Library – 7 pm
October 9	Eclectic Book Group at the Library – 7 pm
October 9	4-H National Youth Science Day
October 10	Epping Seniors meet at the Epping Safety Complex Fire Station at 1:00 pm
October 11	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
October 11	Epping Bible Baptist Church Food Pantry – 1:00-2:30 pm
October 12	Barn Dance at the Town Hall – music by The Two Fiddles
October 12	Epping Community Church Food Pantry and Coats of Caring – 9-11 am
October 13	American Legion Post 51 Sunday breakfast – 9:00-11:30 am
October 14	Epping Garden Club meets at the Epping Safety Complex Fire Station – 6:30 pm
October 14	COLUMBUS DAY HOLIDAY
October 14	Epping Town Hall and Library closed
October 15	Library Board of Trustees Meeting – 7:15 pm
October 15	Epping Youth Coalition meeting – 9:00 am
October 16	Cub Scout Pack Meeting in the Epping Middle School – 6:30-7:30 pm
October 16	Knit Night at the Library – 7 pm
October 16	Dusty Old Mystery Book Group at the Library – 7 pm
October 17	Epping School Board meeting in Epping Town Hall – 7 pm
October 18	Epping Bible Baptist Church Food Pantry – 1:00-2:30 pm
October 19	Richie McFarland Children’s Center’s Touch-A-Truck - Pease Tradeport 10 am-2 pm
October 19	Halloween Dance at American Legion – 8:00 pm
October 19	Epping Community Church Food Pantry and Coats of Caring – 9-11 am
October 19	Epping Community Church Dinner “Annual McPhee Fish Fry” – 5-7 pm
October 22	Epping Lions Club meeting at the Epping Edward Jones office on Route 125 – 6:30 pm
October 25	EMS Activity Night – 6:30-9:00 pm
October 25	DEADLINE DATE for the November-December issue of the Newsletter
Oct. 25 - Nov 10	“Anne of Green Gables” at the Leddy Center
October 26	Epping Community Church Food Pantry and Coats of Caring – 9-11 am
October 26	Halloween Party at the Library for 2 – 6 year olds – Noon – 1:30 pm
Oct. 28-Nov. 1	EMS 7 th Graders trip to Nature’s Classroom in Groton, MA

If you would like your next event to appear on the Calendar of Events, please send us an e-mail at bhelmstetter@comcast.net by **October 25, 2013**. Please include the date, event name, location and time.